

Further Resources

SSAFA

www.ssafa.org.uk

Helpline: 0800 731 4880

Royal British Legion Surrey Branch

www.counties.britishlegion.org.uk/counties/surrey

Enquiry Line: 0800 802 8080

Army Families Federation

www.aff.org.uk

Navy Families Federation

www.nff.org.uk

NFF Head Office:

02392 654374

Royal Air Force Families Federation

www.raf-ff.org.uk

RAF FF Main Office:

01780 781650

Unit Welfare Offices

Deepcut: 01252 833653

Headley Court: 01372 378271

Pirbright: 01483 798508

RMA Sandhurst: 01276 412217



Referrals

Surrey Carers Prescription:
www.surreynhscarersprescription.org.uk

Action for Carers Call: 0303 040 1234
CarerSupport@actionforcarers.org.uk

Surrey Young Carers: 01483 568269
syc@actionforcarers.org.uk

Surrey County Council Children Services

www.surreycc.gov.uk/social-care-and-health/childrens-social-care



Action for Carers (Surrey) Reg Office: Astolat Coniers Way
Burpham Guildford GU47HL Company Limited by Guarantee
Co. No. 5939327 Registered in England & Wales with
Charitable Status Charity Registration No. 1116714



<https://www.defenceimagery.mod.uk/fotoweb/Grid.fwx?&rows=7&search=>



Armed Forces, Families, Young Carers, Reservists and Veterans Carer Support in Surrey



Call Now on: 0303 040 1234

CarerSupport@actionforcarers.org.uk

Text: 07714 075993

Are you looking after someone that cannot manage without your help?

Providing one of the following:

Physical Care : Supporting, moving another person.

Personal Care : Washing and Dressing

Emotional Care : Providing listening and advice support.

Financial Support : Working to fund the household.

Is this care unpaid?

Young Carers:

A young carer is a young person under the age of 18 providing ongoing unpaid care for a sibling, parent or other family member.

Are you worried about:

- Those who you care for, if you're not there?
- A family member who is away on tour whilst caring for those at home?
- Moving schools regularly?
- Missing school due to caring responsibilities?
- Being isolated and being able to access social groups?



Armed Forces Carers Support:

Provides confidential, bespoke, individual information, advice and guidance for the armed forces community whether you are still serving, a family member, a young carer, ex-service's, a veteran or a Reservist.

Information on services available:

- Signposting referrals to other organisations who can help.
- Support groups.
- Social events.
- Training Courses.
- Benefits.