FARNHAM PARK HEALTH GROUP

FARNHAM CENTRE FOR HEALTH, HALE ROAD, FARNHAM, GU9 9QS
PHONE: 01252 723122

CHRISTMAS OPENING HOURS

Friday 22nd December	**8am –6:30pm**	Thursday 28th December	**8am –6:30pm**
Saturday 23rd December	**CLOSED**	Friday 29th December	**8am –6:30pm**
Sunday 24th December	**CLOSED**	Saturday 30th December	**CLOSED**
Christmas Day	**CLOSED**	Sunday 31st December	**CLOSED**
Boxing Day	**CLOSED**	New Years Day	**CLOSED**
Wed. 27th December	**8am –6:30pm**	Tuesday 2nd January	**8am –6:30pm**



If you have an urgent medical problem which cannot wait until the surgery reopens please contact 111 or in event of a medical emergency dial 999

MERRY CHRISTMAS FROM FARNHAM PARK

The Partners and the staff would like to wish all of our patients a very Happy Christmas and thank you for all your support, suggestions and feed-back over the last year.



patchs

We have now been using Patchs since May 2023. All requests should be put in through Patchs to be triaged by our duty doctor. If you are unable to use Patchs please contact our reception team who will be happy to help you with your request. The portal opens at 7:30am and closes at 4:30pm.

Patchs Telephone Assistant is coming in the New Year to improve access for patients that cannot use online services and to eliminate call waiting times. This is a new way to access the surgery. Patients speak to the Telephone Assistant who takes the details of their request. The message is automatically transcribed and is sent to the Patchs inbox for the GP to review like a standard Patchs online consultation.

FACEBOOK AND TWITTER

The practice has now launched on Facebook and Twitter. Have a look to see the latest news updates and health promotional campaigns as well as video interviews with our staff.

Facebook: https://www.facebook.com/FarnhamParkHealthGroup

Twitter: https://twitter.com/FarnhamParkGP

HEALTHIER TOGETHER

How to seek help for yourself or child: You can access Frimley's 'Healthier Together' page through our website under the 'Children Self -Care' Section. Or download the Healthier Together app on your phone. Here you will be able to find advice on what is and isn't normal for young children as well as a range of care advice.

Healthier Together

Local advice and support to help manage and improve the health and wellbeing of babies, children, and young people

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HAVING TROUBLE SLEEPING ?

HAVE YOU TRIED THE SLEEPIO APP?

Sleep is an essential process that helps us maintain our mental and physical health. We know that without it, we cannot function effectively. It reduces our risk of developing serious illness, boosts our immune system, reduces stress, helps us think more clearly – and a good night's sleep makes us feel great. Sleepio is a leading tool, backed by international research and clinically proven to help improve insomnia. You can download the app for free by following the link on our website.



MESSAGE FROM A PPG MEMBER

A lot has been going on at your GP surgery! Practice amalgamations, new practice team members, the COVID pandemic to name but a few. There have also been some upgrades and technology improvements going on in the background. So are the team getting it right? That is where the Patient Participation Group comes in. The PPG role is to work with the Practice Team to provide constructive feedback. We meet 3 or 4 times a year and provide our thoughts and provide practical advice to make the practice better for everyone. So do want to have your say? Do you want to have your voice heard? Then come and join us. Give it a try! Just drop us an email and we will provide you with the basics you need to know. Details are on the practice website.

Have Your Say Patient Participation Group

WELCOME NEW TEAM MEMBERS

We continue to have new staff joining Farnham Park

-Dr Khin Hlaing and Dr Abira Rajasingam joined us in November as salaried GPs.

-John Ryan has taken up a post as an Advanced Paramedic Practitioner.

-Annette Pelling successfully completed her Back to Nursing course and is now a Practice Nurse.

-Annemarie has joined the team as Operations Manager.

-Nicola has joined our Reception Team.

We have two new Gap Year students gaining work experience with the practice before they take up places at university next year; Magda is working in reception and Niyal is working with the admin team.

MATERNITY LEAVE

Dr Rebecca Savage will be starting her maternity leave in December. Her patients will be looked after by our maternity locum. We wish Dr Savage, her family and new arrival well.



COVID & FLU VACCINATIONS

Thanks to the teams who have been working hard over the last few months to deliver flu and Covid vaccinations to our patients and the Annual Teddy Bears picnic for our children's flu.



NHS APP

Have you signed up to the NHS App?

Farnham Park Health Group can now send patient messages to the NHS app. Download the app and turn on notifications to see your messages. You can also order your repeat prescriptions via the app.

