



114 - 115 West Street, Farnham, Surrey GU9 7HL
Main Switchboard: 01252 725224
Editorial email: news@farnhamherald.com

Proprietor: Sir Ray Tindell CBE DL FCSI FCIAB
Vice-chairman: Wendy Craig
Managing Director: Scott Wood
General Manager: Eddie Pearce

EDITORIAL:
Editorial Manager: Tony Short
Chief Reporter: Daniel Gee
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Advertising Manager: Mandy Teggs
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DOUBLE CROSSWORD No.11,310

Grid for Double Crossword No.11,310 with numbers 1-23 indicating starting positions for across and down words.

- ACROSS
1. Was not sitting, but was a candidate (6)
4. The escapades of abrasive people? (7)
10. Not diplomatic - military then? (7)
13. There are not genuine fears into (5)
14. Keats into sordid areas (4)
15. Besides, there is a bigger surplus (8)
16. Recent, but not on the dot (4)
17. Enormous cap on horse-drawn vehicle (8)
18. Current wild animal returned (6)
19. Addition of complex track figures (5)
20. This crowd goes wild, as he is held to ransom (7)
21. Strings of invariable about sea dirt (7)
22. Live like a dundhead - successfully (6)

- DOWN
1. Sensible decision-making based on noise estimation? (5,8)
2. Happen to be dog led by officer commanding? (5)
3. Take the plunge in a drinking den (4)
4. Family models (6)
5. Thinks mirrored thoughts? (8)
6. Friend may assert it's a long conference? (7)
7. Turn on the road (8,5)
8. Family models (6)
12. Not an out-of-the-way thing (9)
13. Boat the smoker might miss? (7)
14. Sees spectacles (6)
15. Foliage cut short - touch too it (5)
19. Dues are not new (4)

QUICK CROSSWORD - answers also fit larger grid

Grid for Quick Crossword with numbers 1-23 indicating starting positions for across and down words.

- ACROSS
1. Urchin (5)
4. Fighting vessel (7)
8. Dictionary (7)
9. Keen (5)
10. Whirlpool (4)
11. Explosive (6)
13. Portal (4)
14. Discover (4)
16. Former French president (2,6)
17. Style (4)
20. Angry (5)
21. Unaffected (7)
22. Vastly (7)
23. Object (5)

- DOWN
1. In abundance (5)
6. Wild-looking (6)
7. 18. Seraglio (5)
7. Upright (13)
8. Boas (4)

SOLUTIONS TO PUZZLE NO.11,309

- CRYPTIC
Across: 3 Blockhead; 8 Room; 9 To breathe; 10 Swedes; 11 Howes; 14 Thief; 15 Note; 16 Share; 18 Lint; 20 Agent; 21 Sabot; 24 Staves; 25 Parity; 26 Free; 27 Doncaster; Down: 1 Cross-talk; 2 Comedians; 3 Lions; 5 Cargo; 6 Heaven; 7 Ache; 9 Exotic; 11 Heart; 12 Love story; 13 Testosterone; 17 Party; 18 Tectic; 22 Crows; 23 Parvo; 24 Snow.

By Daniel Gee
daniel.gee@farnhamherald.com

WITH the National Health Service set to turn 70 on 5th Farnham's very own trail-blazing health service is also marking its own first anniversary this month - driving forward one of the most significant change programmes in the history of the NHS.

Bringing together multiple health disciplines under one roof in Farnham Hospital's former dental surgery, the Farnham Integrated Care Service was launched in June 2017 as part of one of 50 NHS Vanguard programmes across the country, developing new care models to act as blueprints for the NHS moving forward.

Much has been learned over the past 12 months, and although the Vanguard programme (and its assurance of funding) has now come to an end, Farnham Integrated Care Service continues to grow from strength to strength and has ambitious plans to offer patients in Farnham an even greater array of joined-up healthcare services right at their doorstep.

The 'jewel in the crown' of the new service - as proclaimed by Dr Niloufar Ebrahim, clinical lead for integrated care at the North East Hampshire and Farnham NHS Clinical Commissioning Group - is its innovative approach to urgent care, offering a new, streamlined way of accessing same-day GP appointments for the 32,000 patients of Farnham's three largest GP practices: Downing Street, Farnham Dene, and River Way.

But Farnham Integrated Care Service has become much more than just a same-day service to launch - now offering evening and Saturday GP appointments, as well as piloting the latest generation of hybrid health and well-being practitioners, focused on ensuring patients receive the most appropriate level of care quicker and, if possible, out of hospital.

These range from a team of community paramedics responsible for visiting patients in their homes to a musculoskeletal practitioner (a kind of 'super physio'), an advanced nurse practitioner and a weekly clinic by a Frimley Park-based dermatologist - with future plans to add a geriatrician and a cohort of practice nurses to its roster. These have helped reduce referrals to Frimley Park and, alongside similar facilities in Farnborough, Aldershot, Fleet and Yateley, is credited with contributing to a drop in A&E attendance at Frimley Park - backing the national trend.

The same-day service has also significantly relaxed the pressure on Farnham Integrated Care Service's partner GP practices - allowing the introduction of extended, 15-minute appointments for patients with longer-term, complex conditions.

GPs can also now rely on Farnham Integrated Care Service paramedics to undertake many of their home visits for them, instead of squeezing these into their lunch breaks.

Paramedics from each of the three GP practices take it in turns to staff the same-day service - each typically completing one-fourth of the visits every week, including which the duty doctor initially does the 'purple hat', signifying their responsibility for making decisions about the level of care each patient should receive.

The same-day service is typically staffed by between four and six clinicians at any given time from 8am to 6.30pm Monday to Friday - with evenings (6.30pm to 8pm) and Saturday mornings usually reserved for specialist clinics. On average, Farnham Integrated Care Service welcomes between 120 and 200 patients every day.

Only patients registered at Farnham Dene, Downing Street and River Way are currently able to use the service, however, and must book an appointment through their normal practice reception team.

ST ANDREW'S PARISH CHURCH.
Sunday: 10.30am Holy Communion (BCP), Sunday 8am Holy Communion (BCP), Sunday 1st Sunday All Age Church, second, third, fourth and fifth Sundays; 11am Holy Communion (BCP) with Junior Church and service and Holy Communion 10am with children's church, Sunday evenings 6.30pm service - first Sunday is a communion.
MORNING PRAYER. Tuesday, Wednesday 11.30am Holy Communion. More information about weekday groups can be found on our work in progress website, or through the Parish Office.
ST FRANCIS' CHURCH. Three Siles Road, Second Sunday of the month - Holy Communion 9am, Fourth Sunday of the month - Family Service 11am.
ST THOMAS-ON-THE-BOURNE. 01252 715055. Sundays: 8am Holy Communion; 10am Parish Eucharist with Juniors; 11am First Sunday Family Communion; 6pm Congregational Evensong first and third Sundays, Choral Evensong second and fourth Sundays.

ST MARTIN-BY-THE-GREEN. Sunday: 8am Holy Communion (BCP), Sunday 1st and third Sundays; Holy Communion second and fourth Sundays; 4pm 'Gather with Us' 7.30am Morning Prayer.
BRAMBLETON HALL, Sunday 10am, Holy Communion (1st and 2nd and 4th Sundays), Service of the Word (3rd and 5th Sundays).

ST PETER'S PARISH CHURCH. VICAR: DANIEL WEAVER. Currently vacant. Tel: 01252 716431. Parish admin: tel: 01252 793888. Main service Sundays 10.30am. First Sunday Family Communion, third Sunday informal all age worship. Children welcome at all 10am services. Traditional (BCP) Communion 8am every Sunday. Details of all this month's services are on www.cofewceffresham.org.uk

ST JOAN OF ARC CATHOLIC CHURCH. TILFORD ROAD, FARNHAM. Saturday 9.15am, 11.55am, 6pm. Masses: 9.15am, 11.55am, 6pm.
www.stjoanofarc.org.uk

HOLY FAMILY CATHOLIC CHURCH. ALMA LANE, HALE, SUNDAY MASS 9.15am.

ST JAMES' PARISH CHURCH. Church Lane, Rowledge. Rev Russ Turner: 01252 72402. www.stjamesrowledge.org.uk
Every Sunday 9.15am Traditional Communion, 10.30am Holy Communion of quiet reflective prayer and choir-led hymns, and 10.45am Contemporary Communion.
WYCKHAM, FARNHAM. A form of quiet reflective prayer and choir-led hymns, and 10.45am Contemporary Communion.
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service in a new first anniversary



Dr Niloufar Ebrahim, clinical lead for integrated care at the North East Hampshire and Farnham NHS Clinical Commissioning Group



Jenny Partridge, practice manager at Farnham Integrated Care Service

Liz Luttrell, one of two full-time community paramedics with Farnham Integrated Care Service. Picture order no: FDI-09-18 (farnhamherald.com)

Another practice, The Ferns, was initially involved in the same-day service but has since stepped away, 'to regroup' following the retirement of three of its partners. The Ferns does, however, along with Holy Tree Surgery in Bournehead, remain part of Farnham Integrated Care Service's extended access model, offering evening and weekend appointments.

'From my point of view Farnham Integrated Care Service has been an overwhelming success,' said Dr Ebrahim, who as well as her role at the clinical commissioning group is a GPs Farnham Dene.

'It's been fantastic at allowing patients an appointment on the day, and we are now seeing patients across the three practices that we might not normally have met, and it's a good idea.'

'By directing the urgent patients who would have presented in surgery



Farnham Hospital

CHURCH SERVICES

HALE, Holy Communion every Wednesday at 10am.
WALK WITH BADSHOT LEA TEAM MINISTRY. Priests in charge: Rev Alan Crawley and Rev Dr Lesley Crowley Tel: 01252 720537. Website: www.badshotleateam.org.uk

ST JOHN THE EVANGELIST, Hale, Sunday: 9.30am Sung Eucharist. First Sunday of every month Informal service: 11am. Third Wednesday 9.15am Mothers Union Holy Communion. Tel: 01252 820537

ST MARK THE EVANGELIST, Upper Hale, Sunday: 11am, Modern Eucharist. Holy Communion, Friday, 10am Holy Communion. Tel: 01252 820537

ST GEORGE'S CHURCH, Badshot Lea, Sunday: 10am Sung Eucharist. 11.30am Worship for All. Tel: 01252 820537

ST LAURENCE CHURCH, SEALE. Enquiries 01252 783057. Please see the parish website www.spw.org.uk for the details of all services. There is a variety of services in the four churches of the United Parish.

CHURCH OF THE GOOD SHEPHERD, THE SANDS, Enquiries 01252 783057. Please see the parish website www.spw.org.uk for the details of all services. There is a variety of services in the four churches of the United Parish.

ST MARY'S CHURCH, BENTLEY. Holy Communion: 11.30am Sunday with Children's Church, second Sunday 11am All Age Service. 6.30pm Evening Prayer, third Sunday 11am Holy Communion with Children's Church, fourth Sunday 8am Holy Communion, 11am Morning Worship, fifth Sunday - 11am Joint Benefice Service rotating around the three parishes

CHURCH OF THE ASSUMPTION OF THE BLESSED VIRGIN MARY, FROYLE. First Sunday 8am Holy Communion, second Sunday 9.30am Holy Communion, third Sunday 6.30am Evensong, fourth Sunday 11am Holy Communion, fifth Sunday - 11am Joint Benefice Service rotating around the three parishes

FARNHAM METHODIST CHURCH, South Street, Farnham. Minister: Rev Conrad Hicks. Sunday: 10.30am, Morning Worship, Holy Communion variable.
ROWLEDGE METHODIST CHURCH, Chapel Road, Rowledge. Rev Philip Simkins. Sunday morning worship 10am. (Holy Communion) monthly. Healing Service first Wednesday in month 3pm.

before to Farnham Integrated Care Service, what we are doing now is opening up more opportunities for those who need it. 'We have a lot of complex elderly patients in Farnham, and those patients need a 10-minute appointment. 'So we're just trialling with those patients as we would before, we're not looking into their problems, we've got time to talk with them and do social care or physio assessments, for example, so it's proper integrated working.'

North East Hampshire and Farnham was one of just three clinical commissioning group areas announced as pilot schemes in the NHS Vanguard programme in 2015, and Farnham Integrated Care Service was one of the models of care trialled using the clinical commissioning group's new pot of funding.

The Vanguard programme has since come to an end, however, and the clinical commissioning group now funds Farnham Integrated Care Service out of its general budget provided by NHS England, meaning the service must negotiate its settlement each year.

Jenny Partridge, practice manager at Farnham Dene, said: 'When the clinical commissioning group was an NHS Vanguard it had a pot of money to spend as they saw fit. Now if they want to fund this, they have to take the money out of the main budget. 'But our argument is you take it out of what you give to secondary care, because we're doing a lot of secondary care's work in primary care nurse practitioner A&E.'

'What we're very keen to do is help people understand what the service is, help them to get messages to patients and the great for patient care, so we can prove its effectiveness to help funding continue. 'This is seen as the way forward and it's about funding in some form or other, but the issue is that funding decisions often get made fairly last minute because of politics, even if it's a good idea.'

One area that has been assured of long-term funding is Farnham Integrated Care Service's home visiting and proactive care service delivered by its pioneering community paramedics team. The role of the community paramedics is a relatively new one to the NHS, and seeks to fill the gap between a district nurse and an ambulance worker, visiting people who are ill at home and can't get into the surgery but are not necessarily housebound.

'The role of the community paramedics is a relatively new one to the NHS, and seeks to fill the gap between a district nurse and an ambulance worker, visiting people who are ill at home and can't get into the surgery but are not necessarily housebound. 'The integrated care service also lends vital experience in emergency scenarios, and adds a preventative element to its service, using the latest software emerging in the NHS to assess the patient, take their bloods, observations, a bit of a social thing as well, then we discuss what we find and what we're going to do, and plan for regarding to whether anything needs to be done - whether it's medication, so helps them to need to send them into hospital, get social services involved, send them for various assessments, either at hospital or the surgery.'

Dr Ebrahim added: 'The feeling up at the clinical commissioning group is very much that the project has been great, and now Vanguard has finished, and this is very much business as normal for us. 'Farnham has been a real success story and great support from the community and the practices, and there is a lot of momentum here to see this done from the top. 'There are similar services around, but Farnham Integrated Care Service is very much cutting edge because what the clinical commissioning group did to let us leaders develop what they felt was needed locally.'

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